

Grade 7		CBe-learn Jr High - Student Schedule - 2023-2024			
	Monday	Tuesday	Wednesday	Thursday	Friday
9:00	Homeroom	Math (Ms. C)	Teacher Office Hours & Asynchronous	ELA (Jennings)	Asynchronous
9:45	Screen-Free Ten				
9:55	Science (Ms. C)	Math (Ms. C)	Social Studies (Jennings)	ELA (Jennings)	Teacher Office Hours & Asynchronous
10:40	Screen-Free Ten				
10:50	Science (Ms. C)	Math (Ms. C)	Social Studies (Jennings)	ELA (Jennings)	Health and Phys Ed 10:50-11:35 am (Der)
11:35	Screen-Free Ten				
11:45	Science (Ms. C)	Math (Ms. C)	Social Studies (Jennings)	ELA (Jennings)	Teacher Office Hours & Asynchronous
12:30	LUNCH				Clubs
1:15	Gr 7 CTF & Art	Teacher Office Hours & Asynchronous	Health and Phys Ed 1:15-2:00 pm (Der)	Teacher Office Hours & Asynchronous	
2:15	Screen-Free Fifteen				
2:30	Teacher Office Hours & Asynchronous	Teacher Office Hours & Asynchronous	Teacher Office Hours & Asynchronous	Teacher Office Hours & Asynchronous	
3:00	End of Day				
Each course time will be comprised of a mix of synchronous and asynchronous activities, as announced by the teacher in each course.					
Daily Physical Activity: learners need to engage in a minimum of 30 minutes of physical activity a day.					