

Grade 8		CBe-learn Jr High - Student Schedule - 2023-2024			
	Monday	Tuesday	Wednesday	Thursday	Friday
9:00	Homeroom	Math (Berry)	Teacher Office Hours & Asynchronous	ELA (Higgins)	Independent
9:45	Screen-Free Ten				
9:55	Science (Berry)	Math (Berry)	Social Studies (Higgins)	ELA (Higgins)	Teacher Office Hours & Asynchronous
10:40	Screen-Free Ten				
10:50	Science (Berry)	Math (Berry)	Social Studies (Higgins)	ELA (Higgins)	Teacher Office Hours & Asynchronous
11:35	Screen-Free Ten				
11:45	Science (Berry)	Math (Berry)	Social Studies (Higgins)	ELA (Higgins)	Health and Phys Ed (Der) 11:40-12:25 pm
12:30	LUNCH				Clubs
1:15	Teacher Office Hours & Asynchronous	Gr 8/9 CTF & Art	Teacher Office Hours & Asynchronous	Gr 8/9 CTF & Art	
		Teacher Office Hours & Asynchronous		Teacher Office Hours & Asynchronous	
2:15	Screen-Free Fifteen				
2:30	Teacher Office Hours & Asynchronous	Teacher Office Hours & Asynchronous	Health and Phys Ed (Der) 2:05-2:50 pm	Teacher Office Hours & Asynchronous	
3:00	End of Day				

Each course time will be comprised of a mix of synchronous and asynchronous activities, as announced by the teacher in each course.

CTF and Art courses are held on either Tuesday or Thursday (the day of the week is found in the course name in Brightspace by D2L)

Daily Physical Activity: learners need to engage in a minimum of 30 minutes of physical activity a day.